PLANT FACT SHEET

Sideritis hyssopifolia L.

GENUS *Sideritis* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Flowers - tea

The flowers are used for herbal tea.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d3b230a2-41a2-4272-aba1-a6af28459979