PLANT FACT SHEET

Trigonotis procumbens (Warb.) I. M. Johnst.

GENUS *Trigonotis* **FAMILY** Boraginaceae

COMMON NAMES Waterleaf

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It is a creeping plant. It can grow in clumps. The leaves are narrowly oval and 1-5 cm long by 1-3 cm wide. The base is wedge shaped. The flowers occur singly in the axils of leaves.

HABITAT

A tropical plant. It occurs at high altitudes between 1,600-3,700 m above sea level. It is endemic to New Guinea.

REFERENCES

Powell, J.M., Ethnobotany. In Paijmans, K., 1976, New Guinea Vegetation. Australian National University Press. p 112

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d3b9f2f1-0f89-4100-9794-8be8c94ee62d