PLANT FACT SHEET

Anchusa undulata L.

GENUS *Anchusa* **FAMILY** Boraginaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves at the base are used in stews.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant.

REFERENCES

Tardio, J., et al, 2006, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152, 27-71

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d41c779c-1918-42b4-a0b4-bc7845c2e8b3