PLANT FACT SHEET

Calochortus gunnisonii S. Watson

GENUS *Calochortus* **FAMILY** Liliaceae

COMMON NAMES Mariposa lily, Gunnison mariposa

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root, Bulb, Seeds

The fresh bulbs are eaten raw with salt.
They can be fried or baked.
They can be dried and pounded into flour for porridge.
The flower buds are eaten raw in salads.
The seeds are ground into flour and eaten.

DESCRIPTION

A bulb plant.

HABITAT

It is a temperate plant. It is widespread in the Rocky mountains in the USA. It grows in grassland and open pine forests. It usually grows between 1,000-3,300 m altitude.

NOTES

There are about 60-100 Calochortus species. There are 7-9 species in tropical America. They have also been put in the family Calochortaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d486b9cc-a2d1-40bf-860c-883ddcb44830