PLANT FACT SHEET

Sinacalia tangutica (Maxim.) B. Nord.

GENUS *Sinacalia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Root

DESCRIPTION

A herb. It has rhizomes that are like tubers and are 1-2 cm across. The stems are 50-100 cm tall. They are hairy in the upper parts. The leaves are oval and 10-16 cm long by 10-15 cm wide.

HABITAT

It is a temperate plant. It grows on grassy slopes and cliffs between 1,200-3,500 m above sea level.

REFERENCES

Kang, Y., et al, 2012, Wild food plants and wild edible fungi in two valleys on the Qinling Mountains (Shaanxi, central China) Journal of Ethnobiology and Ethnomedicine; 9:26

Kang, Y., et al, 2014, Wild food plants used by the Tibetans of Gongba Valley (Zouqu country, Gansu, China) Journal of Ethnobiology and Ethnomedicine 10:20

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d4dfaf79-ba06-4775-88c6-e133997511af