PLANT FACT SHEET

Penstemon centranthifolius Benth.

GENUS *Penstemon* **FAMILY** Scrophulariaceae

COMMON NAMES Scarlet bugler

EDIBLE PARTS AND USES

Edible parts: Flowers - nectar

The flowers are sucked for their sweet nectar.

DESCRIPTION

A herb or shrub.

HABITAT

It is a temperate plant.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 383

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d4fa4a19-6323-4e48-b375-30643f106372