PLANT FACT SHEET

Praxelis clematidea (Hieron. ex Kuntze) R.M.King & H.Rob.

GENUS *Praxelis* **FAMILY** Asteraceae

COMMON NAMES Praxelis, Giant bluetop

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked by boiling or in stir fries.

DESCRIPTION

A herb. It grows 1 m tall. The leaves are hairy and have small indents. The flowers are purple.

HABITAT

It is a tropical plant. It suits the seasonally dry tropics.

REFERENCES

Liu, S., et al, 2023, Wild edible plants and their cultural significance among the Zhuang ethnic group in Fangchenggang, Guangxi, China. Journal of Ethnobiology and Ethnomedicine. 19:5

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d4fdff3e-4a8d-44fb-bd74-356ba2ec2af7