PLANT FACT SHEET

Hewittia malabarica (L.) Suresh

GENUS *Hewittia* **FAMILY** Convolvulaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The leaves are cooked and eaten as a vegetable. It can be cooked with other vegetables.

DESCRIPTION

A slender herb. It lies along the ground and keeps growing from year to year. It can be twining to a height of 3 m. It can form roots at the nodes. The leaves are alternate and simple. The leaf stalks are 9 cm long. The leaf blade is oval and 2-14 cm long by 1-10 cm wide. There can be teeth along the edge. The flowers are in the axils of the leaves. The ring of flower petals is yellow with a purple throat. The fruit is a rounded capsule. It is 1 cm across. There are 4 valves and 2-4 seeds.

HABITAT

It is a tropical plant. It grows in forest re-growth. In Malawi it grows between 480-1,200 m altitude. It can grow from sea level to 1,800 m above sea level. It grows in areas with a rainfall of 1,100-2,100 mm. In Yunnan.

PRODUCTION

Cultivation

Plants can be grown by seeds or cuttings.

Harvesting and Seed Production

Leaves are collected in the rainy season.

NOTES

There may only be one Hewittia species.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d5004b36-41c3-4fe5-8e9c-28dc322b2b71