PLANT FACT SHEET

Anemone sibirica L.

GENUS *Anemone* **FAMILY** Ranunculaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The above ground parts are put in seal oil with Saxifraga nelsoniana for taste.

DESCRIPTION

A herb.

HABITAT

It is a cool temperate plant.

REFERENCES

Jernigan, K. A., et al, 2017, Naukan ethnobotany in post-Soviet times: lost edibles and new medicinals. Journal of Ethnobiology and Ethnomedicine (2017) 13:61

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d514a3a1-2ea5-45de-8321-b5a9be0b8918