PLANT FACT SHEET

Porophyllum ruderale var. macrocephalum (DC.)

Cronquist

GENUS *Porophyllum* **FAMILY** Asteraceae

COMMON NAMES Papalo, Papalo quelite

EDIBLE PARTS AND USES

Edible parts: Leaves

Used for seasoning. The leaves are eaten with tortillas.

DESCRIPTION

A herb. Plants can be 2 m tall. The leaves are 1-5 cm long. They are narrowly oval. There are 30-50 flowers in a group.

HABITAT

It is a tropical plant. A warm weather annual. It needs full sun and a well-drained, sandy soil. It grows in the seasonally dry tropics. It grows between 1,000-1,500 m above sea level.

PRODUCTION

Cultivation

It is grown from seed.

Harvesting and Seed Production

It is best to harvest leaves while plants are young.

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