PLANT FACT SHEET

Cnestis palala (Lour.) Merr.

GENUS *Cnestis* **FAMILY** Connaraceae

COMMON NAMES Palala vines

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

DESCRIPTION

A large shrub. It lies over and can be a creeper. It can be 2-10 m tall. The younger parts are hairy. The leaves have leaflets along the stalk. The leaflets are in pairs but with odd ones among them. The leaflets are 3-8 cm long. The flowers are small and yellow. They have a scent. The fruit is a dry pod with a velvety covering on the outside and bright red inside.

HABITAT

It is a tropical plant. In Hainan in China it grows between 200-300 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds or cuttings.

NOTES

There are 13 Cnestis species. 12 are in Africa.

REFERENCES

Kurz, S., 1877, The Forest Flora of British Burma. Vol. 1 p 354 (As Cnestis platantha)

Leenhouts, P.W., 1958, Connaraceae in Flora Malesiana 5(4) p 498

Sukarya, D. G., (Ed.) 2013, 3,500 Plant Species of the Botanic Gardens of Indonesia. LIPI p 912

www.efloras.org Flora of China Volume 9

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d56160f6-043a-44b0-9f04-396ecffae65c