PLANT FACT SHEET

Hedysarum americanum Pursh

GENUS *Hedysarum* **FAMILY** Fabaceae

COMMON NAMES Indian potato, Sweetroots

EDIBLE PARTS AND USES

Edible parts: Roots

The roots are eaten raw or boiled along with other food.

DESCRIPTION

A plant that forms tufts from thick rootstocks.

HABITAT

It is a temperate plant.

REFERENCES

Holloway, P. S. & Alexander, G., 1990, Ethnobotany of the Fort Yukon Region, Alaska. Economic Botany, Vol. 44, No. 2 pp. 214-225 (As Hedysarum alpinum var. americanum)

Reis, S. V. and Lipp, F. L., 1982, New Plant Sources for Drugs and Foods from the New York Botanical Garden herbarium. Harvard. p 134 (As Hedysarum alpinum var. americanum)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d56d9286-8575-45b0-9ffc-8e9b91c374e2