PLANT FACT SHEET

Cardamine griffithii H. F. & T.

GENUS *Cardamine* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A cabbage family herb. It keeps growing from year to year. It grows 30-100 cm tall. It has a creeping rhizome. The stems are erect and have 12-28 leaves.

HABITAT

It is a temperate plant. It grows between 3,000-3,800 m above sea level. In Sichuan and Yunnan.

REFERENCES

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Sundriyal, M., et al, 1998, Wild edibles and other useful plants from the Sikkim Himalaya, India. Oecologia Montana 7:43-54

Sundriyal, M., et al, 2004, Dietary Use of Wild Plant Resources in the Sikkim Himalaya, India. Economic Botany 58(4) pp 626-638

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d57a038e-338e-483e-8e45-260509d57adb