PLANT FACT SHEET

Alpinia modesta F. Muell. ex K. Schum.

GENUS *Alpinia* **FAMILY** Zingiberaceae

COMMON NAMES Stalkless ginger, Narrow-leaf ginger

EDIBLE PARTS AND USES

Edible parts: Roots

DESCRIPTION

A small ginger family plant. It grows about 1 m tall. It forms clumps. The stems are reddish-black. The leaves are shiny and 10-32 cm long. They are often red underneath. The flowers are in a dense head. The fruit are blue and in a cluster. They contain 12-22 seeds.

HABITAT

It is a tropical plant. It grows in the rainforest.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Beasley, J., 2011, Plants of Tropical North Queensland - the compact guide. Footloose publications. p 136

Djunbunji Newsletter Edition 2 2011. p 5

Waruruai, J., et al, 2011, An ethnobotanical survey of medicinal plants used in the Siwai and Buin districts of the Autonomous Region of Bougainville. J Ethnopharmacol . 2011 November 18; 138(2): 564–577

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d58ca9f0-c1d8-46c5-be20-7adabfb925d1