PLANT FACT SHEET

Opuntia tuna (L.) Mill.

GENUS *Opuntia* **FAMILY** Cactaceae

COMMON NAMES Tuna

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten raw. They are also used for pies and jellies and to flavour other sweets.
The half ripe fruit are dried and have the flavour of apples.
The tender pads are boiled and used as a vegetable. They are used in soups, stews and omelettes.

DESCRIPTION

A cactus. It is spiny and shrubby. It grows about 1 m tall.

HABITAT

A tropical plant. It grows in rocky and sandy places. It grows up to 120 m above sea level.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d58efb03-b09d-4b86-a58a-39e53bf9a5c8