PLANT FACT SHEET

Synaptolepis retusa H. H. W. Pearson

GENUS *Synaptolepis* **FAMILY** Thymelaeaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten.

DESCRIPTION

A woody shrub. It has a woody rootstock. It grows 55 cm tall. The leaves are narrowly oval and have short leaf stalks. The flowers are pale green.

HABITAT

It is a tropical plant. It grows on dry stony soils in savannah.

REFERENCES

Achigan-Dako, E, et al (Eds), 2009, Catalogue of Traditional Vegetables in Benin. International Foundation for Science.

Batawila, K., et al, 2007, Diversite et gestion des legumes de cueillete au Togo. African Journal of Food, Agriculture, Nutrition and Development 7(3& 4): 68

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d5964a27-c5e4-49ac-a173-6802fc8573bf