PLANT FACT SHEET

Medinilla rubicunda (Jack) Blume

GENUS *Medinilla* **FAMILY** Melastomataceae

COMMON NAMES Bogitenga, Bongkol

EDIBLE PARTS AND USES

Edible parts: leaves - condiment, Spice, Fruit

The leaves are eaten cooked. The young leaves are eaten with rice.
The young leaves and sour fruit are eaten. They are used to flavour curries and eaten with fish.
The fruit are crushed and eaten with other food.

DESCRIPTION

A shrub or small tree. It can grow 5 m tall. It can grow attached to other plants. It has many branches. The stems are light brown and slightly succulent. They are 4 angled. The bark is corky and wrinkled. The leaves are narrowly oval and 5-14 cm long by 3-7 cm wide. They can be lumpy underneath. There are 3-5 flowers in a group usually in the axils of leaves. The petals are pink. The fruit is a berry and it can be oval or urn shaped. It is 9-11 mm long by 7-8 mm wide.

HABITAT

A tropical plant. It grows in mixed forests and along river banks between 800-1,800 m above sea level in southern China. In Yunnan. It grows in lowland trees up to 1,500 m above sea level. It suits the wet tropics.

PRODUCTION

Harvesting and Seed Production

In China plants flower in August to September and fruit October to March.

NOTES

There are about 400 Medinilla species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d5c04027-78bf-4d76-89cb-bc4520426d8b