PLANT FACT SHEET

Taraxacum allepicum Dahlst.

GENUS *Taraxacum* **FAMILY** Asteraceae

COMMON NAMES Aleppo dandelion

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are used in salads and cooked in pastries.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean plant.

REFERENCES

Baydoun, S., et al, 2023, Wild leafy Vegetables: A potential source for a traditional Mediterranean food from Lebanon. Frontiers in Sustainable Food Systems. 6:991979

Hancer, C. K., et al, 2020, Traditional Knowledge of Wild Edible Plants of Biga (Çanakkale), Turkey. Acta Societatis Botanicorum Poloniae / 2020 / Volume 89 / Issue 1 / Article 8914

Kargioglu, M. et al, 2010, Traditional Uses of Wild Plants in the Middle Aegean Region. Human Ecology 38:429-450

Rivera, D. et al, 2006, Gathered Mediterranean Food Plants - Ethnobotanical Investigations and Historical Development, in Heinrich M, Müller WE, Galli C (eds): Local Mediterranean Food Plants and Nutraceuticals. Forum Nutr. Basel, Karger, 2006, vol 59, pp 18–74

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d5ea1227-b792-425c-a2dd-450b7b6c8a95