PLANT FACT SHEET

Aspilia africana (Pers.) C. D. Adams

GENUS *Aspilia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

An annual herb.

HABITAT

It is a tropical plant. It grows in savannah woodland.

REFERENCES

Achigan-Dako, E, et al (Eds), 2009, Catalogue of Traditional Vegetables in Benin. International Foundation for Science.

Dansi, A., et al, 2008, Traditional leafy vegetables and their use in the Benin Republic. Genet Resour Crop Evol (2008) 55:1239–1256

Dansi, A., et al, 2009, Traditional leafy vegetables in Benin: folk nomenclature, species under threat and domestication. Acta Bot. Gallica 156(2), 183-199

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d617e2d5-d74c-447d-8409-3d815e9a6011