PLANT FACT SHEET

Paris verticillata Bieb.

GENUS *Paris* **FAMILY** Melanthiaceae

COMMON NAMES Sakkannamul

EDIBLE PARTS AND USES

Edible parts: Leaves

The new shoots are eaten.

DESCRIPTION

A herb. It grows 25-60 cm tall. It has a slender rhizome. There are 6-8 leaves. They are narrowly oval and 7-15 cm long by 2-5 cm wide. The base is wedge shaped. The flower stalk is 5-12 cm long. The flowers are green and yellow-green.

HABITAT

It is a temperate plant. It grows in forests, thickets and in grassy and shady places between 1,100-3,600 m above sea level in China.

NOTES

Also put in the family Liliaceae.

REFERENCES

Kim, H. & Song, M., 2013, Ethnobotanical analysis for traditional knowledge of wild edible plants in North Jeolla Province (Korea). Genetic. Resour. Crop Evol. (2013) 60:1571-1585

Pemberton, R. W. & Lee, N. S., 1996, Wild Food Plants in South Korea: Market Presence, New Crops, and Exports to the United States. Economic Botany, Vol. 50, No. 1, pp. 57-70

Urgamal, M., et al, 2014, Conspectus of the Vascular Plants of Mongolia. Mongolia Academy of Sciences Institute of Botany and National University of Mongolia Department of Biology. p 40

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d623b97e-e11d-468f-ade4-a764f4e8185f