PLANT FACT SHEET

Polygonum setulosum A. Rich.

GENUS *Polygonum* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten. They are bitter when grown on dry land and have a good flavour when grown near water.

DESCRIPTION

A herb that keeps growing from year to year. The stems are erect, slender and hairy. The leaves are sword shaped and taper to the base. They are usually hairy on both sides. The leaves are 10-15 cm long. The flowers are small and in spikes. They are 5-7.5 cm long.

HABITAT

A tropical plant. It can grow in arid places.

NOTES

There are about 50 Polygonum species.

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