PLANT FACT SHEET

# *Justicia pinguior* C. B. Clarke

**GENUS** *Justicia* **FAMILY** Acanthaceae

## EDIBLE PARTS AND USES

**Edible parts:** Leaves

## DESCRIPTION

A herb. It keeps growing from year to year. It arises from a woody rootstock. This tuberous rootstock is 80 cm long.

## HABITAT

It is a tropical plant.

## REFERENCES

Ruffo, C. K., Birnie, A. & Tengnas, B., 2002, Edible Wild Plants of Tanzania. RELMA p 406

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/d632e443-2a4d-4f3c-a5ad-93b62ce143af