PLANT FACT SHEET

Coptidium lapponicum (L.) Tzvelev

GENUS *Coptidium* **FAMILY** Ranunculaceae

COMMON NAMES Lapland buttercup, Lapland crowfoot

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems

The leaves and stems are stewed with duck or fish.

DESCRIPTION

A herb. The leaves are alternate with 1 leaf at each node. The leaves are simple and can have lobes or teeth. The flowers are yellow. The fruit are 4 mm long.

HABITAT

It is a cool temperate plant. It grows in swamps.

PRODUCTION

Cultivation

Plants can grow by seed or from rhizomes.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 468

Urgamal, M., Oyuntsetseg, B., Nyambayar, D. & Dulamsuren, Ch. 2014. Conspectus of the vascular plants of Mongolia. (Editors: Sanchir, Ch. & Jamsran, Ts.). Ulaanbaatar, Mongolia. "Admon" Press. 334pp. (p. 79-90).

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d635448c-4a46-44c3-a5ac-17e09f0af3b0