PLANT FACT SHEET

Iryanthera paraensis Hub.

GENUS *Iryanthera* **FAMILY** Myristicaceae

COMMON NAMES Para iryanthera

EDIBLE PARTS AND USES

Edible parts: seeds - aril, Fruit

The aril or fleshy layer around the seeds is cooked and eaten.

DESCRIPTION

A tree. It grows 23 m tall. The fruit is a flattened capsule. It is 1.8 cm long by 2.1 cm wide and 0.9 cm thick. It is green to orange-red. It tapers to the base. The aril of fleshy layer around the seed is edible.

HABITAT

It is a tropical plant. It grows in marsh forest and along water courses.

REFERENCES

Grandtner, M. M. & Chevrette, J., 2013, Dictionary of Trees, Volume 2: South America: Nomenclature, Taxonomy and Ecology. Academic Press p 330

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 451

Lopez-Diago, D. & Garcia, N., 2021, Wild edible fruits of Colombia. Biota ColomBiana 22 (2) p 44

Prance, G. T., An Ethnobotanical Comparison of Four Tribes of Amazonian Indians. p 23

Roa, J. A. G. & Boada, D. S. G., 2018, Fundación para el Fortalecimiento de la Fruticultura y Plantas Alimenticias no Convencionales en Colombia.

van Roosmalen, M.G.M., 1985, Fruits of the Guianan Flora. Utrecht Univ. & Wageningen Univ. p 316

Vasquez, R. and Gentry, A. H., 1989, Use and Misuse of Forest-harvested Fruits in the Iquitos Area. Conservation Biology 3(4): 350f

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d68fefc7-d8e7-4f49-9bb2-98e301ff0603