PLANT FACT SHEET

Dryopetalon runcinatum A. Gray

GENUS *Dryopetalon* **FAMILY** Brassicaceae

COMMON NAMES Mostaza, Ma'aca

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are cooked and eaten as a green.
The seeds are mixed with water or milk and sugar and eaten as a porridge.

DESCRIPTION

A cabbage family herb. It is an annual plant that grows in winter in the tropics. The flowers are pink or white. The petals have shallow lobes.

HABITAT

It is a tropical plant. It grows between 75-1,800 m above sea level.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d6c94613-5b74-41db-abca-91d27cc570a2