PLANT FACT SHEET

Ocimum spicatum Deflers

GENUS *Ocimum* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A small shrub. It grows 0.3-1.2 m tall. It is hairy. The leaves are narrowly oval and 2-10 cm long by 1-5 cm wide. There are teeth along the edge. The flowering shoots are dense and spike-like. The nuts are 1.5-2 mm long by1.1-1.6 mm wide.

HABITAT

It is a tropical plant. It grows in desert and arid locations. It grows between 30-1,2650 m above sea level.

REFERENCES

Bahru, T., et al, 2013, Wild Edible Plants: Sustainable Use and Management by Indigenous Communities in and the Buffer Area of Awah National Park, Ethiopia. Ethiop. J. Sci., 36(2): 93-108

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d6e68871-d725-4711-9f30-fe90a61676db