PLANT FACT SHEET

Papaver umbonatum Boiss.

GENUS *Papaver* **FAMILY** Papaveraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds - spice

DESCRIPTION

A herb that grows each year from seed.

HABITAT

It is a Mediterranean climate plant.

NOTES

There are 70 Papaver species.

REFERENCES

P. E. Boissier, Diagn. pl. orient. ser. 2, 6:8. 1859 (As Papaver syriacum)

Food Composition Tables for the Near East. http://www/fao.org/docrep No. 390 (As Papaver syriacum)

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 211 (As Papaver syriacum)

Oran, S. A. S., 2015, Selected Wild Aromatic Plants in Jordan. International Journal of Medicinal Plants. Photon 108 (2015) 686-699 (As Papaver subpiriforme)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d6ec550e-257f-40ca-b3c1-cb5b1ca30174