PLANT FACT SHEET

Beta vulgaris var. conditiva L.; Alef.

GENUS *Beta* **FAMILY** Amaranthaceae

COMMON NAMES Garden beet

EDIBLE PARTS AND USES

Edible parts: Root, Leaves

DESCRIPTION

A herb.

HABITAT

A tropical plant.

NOTES

Probably all Beta are one species and 2 main forms - Cicla - for leaves, and Contiva - for roots.
Also put in the family Chenopodiaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d703475a-ed55-4f54-b387-17d64f0d47eb