PLANT FACT SHEET

Hilliardiella smithiana (Less.) H. Rob.

GENUS *Hilliardiella* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

DESCRIPTION

A herb.

HABITAT

It is a tropical plant.

REFERENCES

Vagionas, K., et al, 2007, Chemical analysis of edible aromatic plants growing in Tanzania. Food Chemistry 105 (2007) 1711-1717 (As Vernonia smithiana)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d7079a21-fb77-498d-9cb2-39035f82882a