PLANT FACT SHEET

Eriophyllum confertiflorum (DC.) Gray

GENUS *Eriophyllum* **FAMILY** Asteraceae

COMMON NAMES Yellow yarrow

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are parched and ground into flour.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 225

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d7082cf3-7725-44bc-97db-ecf24baf88ec