PLANT FACT SHEET

Rubia petiolaris DC.

GENUS *Rubia* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Root

The root is eaten as a vegetable.

DESCRIPTION

A prickly herb or shrub. It grows 3 m tall. The stems are 4 angled. The leaves are in rings of 6-8. The flowers are in groups in the axils of leaves. They are green.

HABITAT

It is a subtropical plant.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 97

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d720376d-1dbd-4ea9-a41d-b2653bb82027