PLANT FACT SHEET

# *Cycnogeton alcockiae* (Aston)

**GENUS** *Cycnogeton* **FAMILY** Juncaginaceae

**COMMON NAMES** Alcock's water-ribbons, Southern water-ribbons

## EDIBLE PARTS AND USES

**Edible parts:** Tubers, Root

## DESCRIPTION

A herb. It grows 20 cm tall. It keeps growing from year to year. It has small plump tubers. The leaves and stem float. The leaves can be 20-90 cm long and 2-8 mm wide. The flowers are in loose spikes 13.5 cm long. The flowering stem is 30-65 cm long by 2-6 mm across. The flowers are greenish. The fruit is a papery capsule.

## HABITAT

It is a temperate plant. It grows in freshwater and brackish water. It is best in clear water 30 cm deep. It can grow in full sun or light shade.

## PRODUCTION

### Cultivation

Plants can be grown from seed.

## REFERENCES

Romanowski, N., 2007, Edible Water Gardens. Hyland House. p 70 (As Triglochin alcockiae)

Tasmanian Herbarium Vascular Plants list p 67 (As Triglochin alcockiae)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/d741932c-59fe-4a94-a871-0bade0d315db