PLANT FACT SHEET

Ulothrix flacca (Dillwyn) Thuret

GENUS *Ulothrix* **FAMILY** Ulotrichaceae

EDIBLE PARTS AND USES

Edible parts: Algae, Seaweed

It is eaten as a vegetable. It is cooked by cutting into small pieces from the rolled up plant and fried in sesame oil.

DESCRIPTION

A seaweed. It has long slender filaments. It looks like a clump of fine green hair.

HABITAT

It grows in temperate and tropical places.

REFERENCES

Kiple, K.F. & Ornelas, K.C., (eds), 2000, The Cambridge World History of Food. CUP p 235

Xia, B., and Abbott, I.A., 1987, Edible seaweeds of China and their place in the Chinese diet. Economic Botany 41:341-53

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d7912562-f9ef-459e-a0f0-c44db60c350c