PLANT FACT SHEET

Vicia unijuga A. Braun

GENUS *Vicia* **FAMILY** Fabaceae

COMMON NAMES Crooked Broad Bean, Slanting head vegetable

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The young leaves are eaten with oil and salt.
The seeds are occasionally eaten.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 1 m high. It is covered with dense soft silky hairs. The leaves have leaflets along the stalk. There are 2 leaflets and they are 3-10 cm long by 2-4 cm wide. The flowers are purple or purple-red. They are showy and 1.5 cm long. They occur as 6-8 in a group in the axils of leaves. The pod is 3-4 cm long and brown. The seeds are a flattened round shape and brown.

HABITAT

It is a temperate vegetable. It grows in Inner Mongolia in China. It occur throughout much of China below 4,000 m above sea level. In Sichuan and Yunnan.

NOTES

There are about 140 Vicia species. They are mostly temperate.

REFERENCES

Arora, R. K., 2014, Diversity in Underutilized Plant Species - An Asia-Pacific Perspective. Bioversity International. p 110

Chen, B. & Qiu, Z., Consumer's Attitudes towards Edible Wild Plants, Ishikawa Prefecture, Japan. p 26 www.hindawi.com/journals/ijfr/aip/872413.pdf

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 488

Hwang, H., et al, 2013, A Study on the Flora of 15 Islands in the Western Sea of Jeollanamdo Province, Korea. Journal of Asia-Pacific Biodiversity Vol. 6, No. 2 281-310

Hwang, HS, et al, 2014, Distribution characteristics of plant in the Ungseokbong Mountain, Gyeongsangnam-do, Korea. Journal of Asia-Pacific Biodiversity. 7(2014) e164-e178

ILDIS Legumes of the World http:www:ildis.org/Legume/Web

Index sem. hort. berol. app. 12. 1853

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

READ,

Urgamal, M., Oyuntsetseg, B., Nyambayar, D. & Dulamsuren, Ch. 2014. Conspectus of the vascular plants of Mongolia. (Editors: Sanchir, Ch. & Jamsran, Ts.). Ulaanbaatar, Mongolia. "Admon" Press. 334pp. (p. 121-143).

Wujisguleng, W., & Khasbagen. K., 2010, An integrated assessment of wild vegetable resources in Inner Mongolian Autonomous Region, China. Journal or Ethnobiology and Ethnomedicine 6:34

Zeven, A. C. & de West, J. M. J., 1982, Dictionary of cultivated plants and their regions of diversity. Wageningen. p 40

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d7b091b1-3d10-42f2-af7f-66a749eb472b