PLANT FACT SHEET

Bolboschoenus glaucus (Lam.) S. G. Sm.

GENUS *Bolboschoenus* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Rhizomes, Root

The rhizomes are made into flour for use in times of scarcity. (The tubers cause diarrhoea)
The tubers can be cooked and eaten.

DESCRIPTION

A sedge. It grows 20-30 cm tall. These grow in clumps and have grass like leaves and solid stalks. It has round turnip shaped root tubers. The stalks are slightly twisted. There are no leaves but short sheaths at the base of the stalk. The flower spike is at the top. These occur singly and are cylinder shaped. The seed are rounded.

HABITAT

It is a temperate plant. It grows in paddy fields and seasonally wet land.

REFERENCES

Ambasta S.P. (Ed.), 2000, The Useful Plants of India. CSIR India. p 560 (As Scirpus tuberosus)
Patiri, B. & Borah, A., 2007, Wild Edible Plants of Assam. Geethaki Publishers. p 159 (As Scirpus tuberosus)

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