PLANT FACT SHEET

Solidago nemoralis Aiton

GENUS *Solidago* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are used as food.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 537

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d855629f-e03d-466a-bc04-eeb490fa3125