PLANT FACT SHEET

Amaranthus diacanthus Rafin.

GENUS *Amaranthus* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves

The leaves and seeds are cooked and eaten.
CAUTION: This plant can accumulate nitrates if grown with high nitrogen inorganic fertilisers and these are poisonous.

DESCRIPTION

An annual herb.

Probably now Amaranthus spinosus L.

HABITAT

It is a temperate plant.

PRODUCTION

Cultivation

Plants can be grown from seed if the soil is warm. Seeds are small and grow easily. Cuttings of growing plants root easily.

NOTES

There are about 60 Amaranthus species.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d8685919-ca49-4bab-bb87-1e2168d30fef