PLANT FACT SHEET

Artemisia vallesiaca All.

GENUS *Artemisia* **FAMILY** Asteraceae

COMMON NAMES Alpine wormwood, Valais wormwood

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring, Spice

The leaves are used for flavouring of liqueurs.

DESCRIPTION

A herb.

HABITAT

It is a temperate plant.

REFERENCES

Seidemann J., 2005, World Spice Plants. Economic Usage, Botany, Taxonomy. Springer. p 56

Trendafilova, A., et al, 2020, Research Advances on Health Effects of Edible Artemisia Species and Some Sesquiterpene Lactones Constituents. Foods 2021, 10, 65. p 5

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d86dba1a-c0c9-45c9-aea0-dbb082691d5c