PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Clematis cirrhosa L.

GENUS *Clematis* **FAMILY** Ranunculaceae

COMMON NAMES Evergreen traveller's joy

EDIBLE PARTS AND USES

Edible parts: Leaves

Caution: They may need special treatment. CAUTION: Most Clematis contain an irritant poison.
The leaves are cooked and eaten.

DESCRIPTION

A climber. It has tendrils. The leaves have 3 lobes. The flowers are bell shaped and creamy white with red speckles.

HABITAT

It is a Mediterranean plant.

REFERENCES

Licata, M., et al, 2016, A survey of wild plant species for food use in Sicily (Italy) – results of a 3-year study in four Regional Parks. Journal of Ethnobiology and Ethnomedicine 12:12

Pasta, S., et al, 2020, An Updated Checklist of the Sicilian Native Edible Plants: Preserving the Traditional Ecological Knowledge of Century-Old Agro-Pastoral Landscapes. Frontiers in Plant Science. Volume 11|Article 388

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d882b62c-aa8c-466b-ad1f-e350ecd3cc01