PLANT FACT SHEET

Areca whitfordii Becc.

GENUS *Areca* **FAMILY** Arecaceae

COMMON NAMES Lowland betel nut palm

EDIBLE PARTS AND USES

Edible parts: Seeds - masticatory

The seeds are chewed as a substitute for betel nut.

DESCRIPTION

A solitary palm. It grows 10 m tall. The trunks are 15 cm across. The leaves are 2.5 m long and have leaflets along the stalk. The leaves spread upwards. The leaf sheath is yellowish green. The leaflets are arranged regularly. The flowering stalk comes from among the leaves. It is 15-25 cm long. The fruit are oval and red.

HABITAT

It is a tropical plant. It grows in moist tropical lowland rainforest and up to 400 m above sea level.

PRODUCTION

Cultivation

Plants can be grown from seeds.

REFERENCES

Sukarya, D. G., (Ed.) 2013, 3,500 Plant Species of the Botanic Gardens of Indonesia. LIPI p 751

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d89f6ef2-58f3-469d-9eea-c4022dad06c3