PLANT FACT SHEET

# *Dorstenia contrajerva* L.

**GENUS** *Dorstenia* **FAMILY** Moraceae

**COMMON NAMES** Snakewort, Torn's herb

## EDIBLE PARTS AND USES

**Edible parts:** Leaf - flavouring, Rhizome, Root

The leaves and rhizome are used for flavouring.

## DESCRIPTION

A herb. A small evergreen plant that keeps growing from year to year. It has a creeping rhizome or underground stem. This produces a ring of leaves o long leaf stalks. Leaves may or may not have lobes. The leaves are 20 cm long and the leaf stalks are 25 cm long. The crushed plant exudes a white latex. The flowers are separately male and female and small. The fruit are small and in a 4 sided container. The seeds are released explosively.

## HABITAT

It is a tropical plant. It grows up to about 150 m above sea level.

## PRODUCTION

### Cultivation

Plants grow from seeds.

## NOTES

It is used as medicine.

## PICTURES



Credit: Food Plants International (Bruce French)

## REFERENCES


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**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/d8de9bc2-a56c-4317-88c1-32ce32dfd59f