PLANT FACT SHEET

Meconopsis grandis Prain

GENUS *Meconopsis* **FAMILY** Papaveraceae

COMMON NAMES Blue poppy, Tibetan poppy

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are roasted and pickled.

DESCRIPTION

A hairy herb. It grows to about 1 m high. It spreads about 40-60 cm wide. The leaves are sword shaped. The lower leaves are about 30 cm long. They have slight teeth. They are covered with stiff golden hairs. The flowers are blue. They occur singly or in groups of 3. The fruit is a capsule 5 cm long and with 4-6 valves.

HABITAT

It is a temperate plant. In Nepal it grows between 3000-5000 m altitude. It grows in shady places among shrubs. It suits hardiness zones 5-9.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are 40 Meconopsis species. They are mainly from the Himalayas.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d8f13f33-79d3-4082-90e9-908ded0395bf