PLANT FACT SHEET

Gaultheria foliolosa Benth.

GENUS *Gaultheria* **FAMILY** Ericaceae

COMMON NAMES Wintergreen

EDIBLE PARTS AND USES

Edible parts: Fruit

The fruit are eaten raw.

DESCRIPTION

A shrub. It grows 1-3 m tall but can be 10 m tall. The trunk is 15 cm across. The leaves are spreading and 1 cm long by 0.5 cm wide. The fruit split open along their length. The flowering shoots are in the axils of the leaves. They can be hairy. The flowers are 4-5 mm long and have triangular lobes. The fruit are round and 6-8 mm wide. They are white and turn blue-black..

HABITAT

It is a subtropical plant. It grows between 2,400-3,800 m above sea level.

REFERENCES

García, N., Gil-Archila, E., y Bonilla, A. (2023). Ericáceas con frutos comestibles en Colombia. Biota Colombiana, 24(2), e1083.

Kew Plants of the World On line

Lopez-Diago, D. & Garcia, N., 2021, Wild edible fruits of Colombia. Biota ColomBiana 22 (2) p 37

Roa, J. A. G. & Boada, D. S. G., 2018, Fundación para el Fortalecimiento de la Fruticultura y Plantas Alimenticias no Convencionales en Colombia.

Torre, de la, L., et al, 2008, Enciclopedia de las Plantas Útiles del Ecuador. Herbario QCA. Pontificia Universidad Católica del Ecuador. p 313

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d90827cb-c22f-4bf7-8750-08f6c980a1e1