PLANT FACT SHEET

Dasylirion texanum Scheele

GENUS *Dasylirion* **FAMILY** Asparagaceae

COMMON NAMES Texas sotol

EDIBLE PARTS AND USES

Edible parts: Shoots, Bud, Sap - drink

The pulp of the young shoots are used as a source of sugar to make a drink called "Sotol".
The pulp of the leaves and stems is also cooked and eaten.
The sap is used to make a fermented drink.

DESCRIPTION

A grass like plant. The trunk and crown are usually less than 40 cm tall. The leaves are long and 1-2 m long.

HABITAT

It is a subtropical plant. It grows in the desert.

NOTES

There are 18 Dasylirion species. They occur in North America.
Also put in the family Nolinaceae.

PICTURES



Credit: Food Plants International (Bruce French)

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PROVIDED BY **Food Plants International**

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d91a2572-e155-4669-9892-15cb02088b5f