PLANT FACT SHEET

Boerhavia elegans Choisy

GENUS *Boerhavia* **FAMILY** Nyctaginaceae

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves

The leaves are eaten fresh. They are bitter.

DESCRIPTION

A shrub.

HABITAT

It is a tropical plant. It grows in dry soils. It can grow in arid places.

REFERENCES

Al-Fatimi, M. A., Wild Edible Plants Traditionally Collected and Used in Southern Yemen. Research Square. University of Aden.

INFOODSUpdatedFGU-list.xls

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 4th May 2011] (As Boerhavia rubicunda)

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d954993f-4075-4528-91ea-7b0fe42f8447