PLANT FACT SHEET

Encephalartos laevifolius Stapf & Burtt Davy

GENUS *Encephalartos* **FAMILY** Zamiaceae

COMMON NAMES Bread palm cycad

EDIBLE PARTS AND USES

Edible parts: Stem

The pith of the stem is edible and makes good quality starch.

DESCRIPTION

A cycad.

HABITAT

It is a subtropical plant.

REFERENCES

Long, C., 2005, Swaziland's Flora - siSwati names and Uses http://www.sntc.org.sz/flora/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d965a870-a227-4954-beec-77a48d8034d6