PLANT FACT SHEET

Cola millenii K. Schum.

GENUS *Cola* **FAMILY** Malvaceae

COMMON NAMES Monkey cola

EDIBLE PARTS AND USES

Edible parts: Seeds, Fruit, Leaves

The pulp of the fruit is eaten fresh.

DESCRIPTION

A small tree. It grows to 4-12 m high. It can be 1.5 m round. It loses its leaves during the year. The small branches are green with brown hairs. The leaves are simple and with lobes like fingers on a hand. There are usually 5 lobes. The leaves are 10-30 cm long and 10-40 cm wide. They are widely heart shaped at the base. The lobes are broad and taper to the tip. The leaf stalks are 5-32 cm long. The flowers are in short clusters in the axils of leaves. They are often red-brown outside and orange-red inside. The fruit are composed are 6-11 rich orange or pink cells. They are 8.5 cm long and 3-5 cm broad. There are 8-10 seeds in each cell.

HABITAT

A tropical plant. It grows in drier types of the lowland rainforest. It suits humid locations. It grows in secondary forest.

NOTES

Also put in the family Sterculiaceae.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d9689769-a9a7-4e14-a13b-a78458c58d4d