PLANT FACT SHEET

Quercus grisea Liebm.

GENUS *Quercus* **FAMILY** Fagaceae

COMMON NAMES Mexican blue oak

EDIBLE PARTS AND USES

Edible parts: Nuts, Seeds

The acorns are eaten raw.
The ripe acorns are roasted slightly and pounded and mixed with dried meat.
The shaved root chips are used to flavour drinks.

DESCRIPTION

A shrub. It can be a shrub with several stems or a tree. It grows 20 m tall. The trunk is 60 cm across. The leaves are alternate and long with a few coarse teeth. The cup for the acorn is scaly with fine hairs. The acorns are light brown.

HABITAT

It is a temperate plant. In Melbourne Botanical Gardens. In the USA it grows between 1,200-2,700 m above sea level

NOTES

There are about 600 Quercus species.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

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Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 461

VESTAL,

Wickens, G.E., 1995, Edible Nuts. FAO Non-wood forest products. FAO, Rome. p 128

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d978ce94-8b8a-4945-ad27-779e184e1d45