PLANT FACT SHEET

Commelina elliptica Kunth.

GENUS *Commelina* **FAMILY** Commelinaceae

COMMON NAMES Peruvian spiderwort

EDIBLE PARTS AND USES

Edible parts: Root

The root tubers are cooked and eaten.

DESCRIPTION

A low growing herb. It grows 10 cm tall. It has a fattened tuberous root. The leaves are 10 cm long. The flower bracts are 3 cm by 4 cm.

HABITAT

A tropical plant. It grows in alpine or mountain locations. It suits hardiness zone 8.

PRODUCTION

Cultivation

Plants can be grown from seeds, cuttings or division of the plant.

NOTES

There are about 230 Commelina species.

REFERENCES

Kew Plants of the World On line

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Thomas, E., et al, 2008, The Relationship Between Plant Use and Plant Diversity in the Bolivian Andes, with Special Reference to Medicinal Plant Use. Hum Ecol (2008) 36:861–879

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/d99421f9-95d6-4aa9-b9ad-b690cb58990b