PLANT FACT SHEET

Distimake dissectus (Jacq.) Hallier f.

GENUS *Distimake* **FAMILY** Convolvulaceae

COMMON NAMES Noon flower

EDIBLE PARTS AND USES

Edible parts: Seeds - flavouring, Tuber, Root

The seeds have an odour of bitter almonds and are used to flavour a liqueur. They are also used as an almond substitute in cakes, sweet breads and candy.
The tuber is cooked in ashes. They are also boiled.

DESCRIPTION

A twining vine. The stems are hairy. The exudate from the plant is clear. The leaves are simple and have 5-7 lobes. The leaves are 3-15 cm long by 4-15 cm wide. A few flowers occur together in the axils of leaves. The flowers are 3-4 cm across. They are white or cream with a reddish-purple throat. The fruit is a brown or black capsule. It has 4 valves. The capsule is 1.2-1.8 cm long by 1.3-1.8 cm wide. There are 2-4 black seeds.

HABITAT

A tropical plant. It grows in tropical and subtropical places. In Argentina it grows below 500 m above sea level.

PRODUCTION

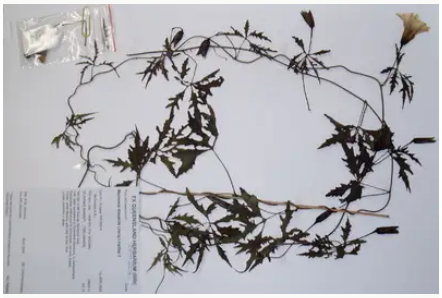
Cultivation

Plants can be grown from seeds or cuttings.

PICTURES



Credit: Food Plants International (Bruce French)



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